



COSMETIC/ESTHETIC CONFIDENTIAL CONSULTATION FORM

First Name: _____ Last Name: _____ DOB: _____
 Address: _____
 Phone: (H): _____ (W): _____ (C): _____
 Email: _____ Referred By: _____

What is your hereditary background?

African American	African	Australian	Eastern European	Hispanic/Latin American
Indian	Mediterranean	Middle Eastern	Native American	Nordic/Scandinavian
Pacific Islands	South American	South Asian	Western Europe	Other: _____

Natural Eye Color: _____ Natural Hair Color: _____

CHECK ALL TERMS YOU BELIEVE RELATE TO YOUR SKIN:

Acne	Age Spots	Blackheads	Blistered	Blotchy	Breakouts
Blotchy	Breakouts	Cancer	Cherry Angiomas	Cold Sores	Combination
Cysts	Damaged	Dehydrated	Dermatitis	Dry	Eczema
Even Tone	Fever Blisters	Firm	Freckles	Hairy	Herpes
Hyperpigmentation	Hypertrophic Scars	Inflamed	Ingrown Hairs	Keloids	Keratosis
Large Pores	Melasma	Milia	Moles	Oily	Open Lesions
Peeling	Psoriasis	Puffy	Raised Growths	Red	Rosacea
Sagging	Sallow	Scars	Sebaceous Hyperplasia	Sensitive	Skin Tags
Sun Damage	Thin	Under Eye	Uneven	Warts	Wrinkles

What changes would you most like to see from the treatment(s) requested: _____

WHAT OTHER AREAS OF INTEREST DO YOU HAVE? (Check all that apply)

Acne Management	Body Contouring	Body Detoxification	Botox	Cellulite Reduction
Chemical Peels	Dermal Fillers	Dermaplaning	Even Skin Tone	Fat Reduction Treatments
Hand Rejuvenation	HIFU	Improve Skin Health	Intimate Brightening	Laser Treatments

Lash/Brow Enhancement	LED Light Therapy	Lifting/Firming Treatments	Makeup	Microblading
Microcurrent	Microdermabrasion	Microneedling	Migraines	Oncology Skin Care
Permanent Hair Removal	Permanent Makeup	Product Knowledge	Tattoo Removal	Vajacial

Does your job require that you work outdoors? Yes No

On average how many hours each day do you spend outdoors? _____

Have you used a tanning booth within the last 30 days? Yes No If yes, when was the last visit? _____

Please check all prior facial treatment(s) you have received:

- | | | |
|---|---|---|
| <input type="checkbox"/> Chemical Peel | <input type="checkbox"/> Injections/Fillers | <input type="checkbox"/> Microcurrent |
| <input type="checkbox"/> Cosmetic Surgery | <input type="checkbox"/> Laser Hair Removal | <input type="checkbox"/> Microdermabrasion |
| <input type="checkbox"/> Body Wrap | <input type="checkbox"/> Laser Skin Resurfacing/IPL | <input type="checkbox"/> Microneedling |
| <input type="checkbox"/> Dermaplaning | <input type="checkbox"/> Lash/Brow Extension | <input type="checkbox"/> Permanent Makeup/Tattoo |
| <input type="checkbox"/> Electrolysis | <input type="checkbox"/> Lash Lift/Tint | <input type="checkbox"/> Spider/Broken Vein Treatment |
| <input type="checkbox"/> Facial | <input type="checkbox"/> LED Therapy | <input type="checkbox"/> Surgical Threads |

Any of these services in the last 6 months? Yes No

If yes, which and when: _____

Have you used Tretinoin, Retin-A, Renova, Differin, Tazorac, Avage, EpiDuo, Ziana, Adapalene Hydroxyl, or any products containing Retinol or a Vitamin-A derivative (common identified as an “anti-aging” skin product) in the last 30 days? Yes No

If yes, which product(s) and when did you last use each?

When did you last receive Botox or other similar injection? _____

Do you wear contacts? Yes No Are you wearing contacts today? Yes No

HAVE YOU EVER SUFFERED FROM ANY OF THE FOLLOWING? (Check all that apply)

Abscesses	Acne	Alopecia	Autoimmune Disorders	Bacterial Infections
Bell’s Palsy	Blood Disorders	Cancer	Circulatory Disorders	Clotting Issues
COVID 19	Cysts	Dandruff	Dermatitis	Diabetes
Eczema	Epilepsy	Fever Blisters	Fibromyalgia	Folliculitis
Fungal Infections	Gland Disorders	Gout	Hair Transplant	Healing Difficulties
Heart Attack or Angina	Herpes	High Blood Pressure	HIV/AIDS	Hives
Hyperpigmentation	Inflammatory Disorders	Ingrown Hairs	Keloids	Keratosis
Keratosis Pilaris	Lupus	Lyme Disease	Melasma	Mental Health Issues
Migraines	Organ Transplant	Parasitic Infections	Photosensitivity	Seizures
Shingles	Spider Veins	Staph/MRSA	Stroke	Tinea Versicolor
Varicose Veins	Viral Infections	Vitiligo	Warts	Other Disease, Infection, or Health Problem

Do you presently have any type of rash, skin irritation, lesions, or open wounds? Yes No

Do you have any type of communicable disease? Yes No

Have you ever undergone Accutane therapy (isotretinoin)? Yes No If yes, dates of therapy: _____

Please list your current medications (include all vitamins/supplements/hormones/topicals):

What type of birth control do you utilize? _____

Recent changes in contraceptive? Yes No

Are you currently pregnant or do you think you might be pregnant? Yes No

Are you having your period now? Yes No

Are you lactating? Yes No

Are you presently undergoing any form of hormone therapy? Yes No

Do you have any metal or other implants? Yes No If Yes, what and where? _____

Do you have an implanted electronic monitoring device? Yes No Are you taking blood thinners? Yes No

ARE YOU ALLERGIC TO ANY OF THE FOLLOWING? (Check all that apply)

<input type="checkbox"/>	Apples	<input type="checkbox"/>	Aspirin	<input type="checkbox"/>	Bee Stings	<input type="checkbox"/>	Cinnamon	<input type="checkbox"/>	Dairy/Milk	<input type="checkbox"/>	Eggs	<input type="checkbox"/>	Gluten
<input type="checkbox"/>	Iodine	<input type="checkbox"/>	Medication	<input type="checkbox"/>	Nuts	<input type="checkbox"/>	Shellfish	<input type="checkbox"/>	Sulfur/Sulfa	<input type="checkbox"/>	Trees	<input type="checkbox"/>	Other

Please list any allergies you have: _____

Do you have allergies to foods or ingredients? Yes No If so, please list: _____

Have you had any tattoos or body piercings in the past month? Yes No

Do you have any circulatory or respiratory problems? Yes No

Have you smoked or used tobacco products in the last 6 months? Yes No

List any scents you do not like: _____

Describe your facial cleansing and maintenance routines (including products used): _____

Do you use sunscreen every day? Yes No

Are you satisfied with the results you have achieved with your current skin care routine? Yes No

Please list any other concerns you would like to discuss today: _____

Do you have any other health conditions that we should know about? _____

Have you ever used any facial, skin, or hair products that caused a bad reaction? Yes No

If so, explain: _____

I read, understood, and completed this questionnaire completely and truthfully. I agree this constitutes full disclosure and supersedes any previous verbal or written disclosures. I understand that withholding information or providing incorrect information may result in damage to my skin or body from treatments received. The treatments I receive are completely voluntary, and I assume full responsibility for learning and understanding the risks of all treatments provided to me and the results therefrom. By receiving any services, I agree that I have been fully informed of the nature of the procedure, the risks involved, the possibility of a negative outcome, including but not limited to bruising, infection, scarring, temporary or permanent injury or nerve/muscle impact, paralysis, or even death. By receiving services, I acknowledge all my questions have been answered, and I am proceeding with the treatment notwithstanding any risks known or unknown. I agree to follow all pre- and post-treatment instructions and recommendations. A negative outcome is not a basis for a partial or full refund for services provided. I release the treatment provider(s), David Hammett, MD, The Hammett Clinic, LLC, Kathleen Cauthen, L.E., and Skinology, LLC from all liability of any kind for any/all service(s) received or any product utilized or purchased. I have read and agreed to the policies currently in effect. The treatment provider(s) and practice(s) noted above reserve the right to refuse any service to any person for any reason. Payment in full is to be received at the time of service. Returned checks will incur an additional charge of \$50.00.

Date: _____

Signature: _____