

SKINSHEEK LIFT

Pre-Treatment Instructions:

Avoid sun exposure and tanning for 1 week prior to treatment. Sunburned skin will not be treated.

Stop using all skin irritants (all acids, benzoyl peroxide, retinol products, Retin-A, Triluma, Tazorac, Differin, etc., and Vitamin C) on the area(s) being treated for one week prior to treatment.

Advise esthetician of current medications including antibiotics as they may make your skin more sun sensitive. Treatment can be provided two weeks after antibiotics completion.

If you develop an active cold sore or skin infection, please reschedule. To lower the risk of cold sore development post-treatment, prophylactic treatment is recommended.

On the day of treatment, please keep the treatment area clean and do not apply makeup or moisturizers.

If choosing to use a topical numbing, please apply 30-45 minutes before arrival.

Post-Treatment & Home Care Instructions:

It is normal for the area treated to have redness and swelling. It is uncommon for a blister or bruise to develop. If you develop a blister, a topical antibiotic ointment such as polysporin can be used daily until healed.

An ice pack should be avoided to maximize treatment results. Pain medication is not necessary.

Makeup can be applied immediately post-treatment.

Waxing, tweezing, and depilatory creams can be resumed 3 days post treatment.

Avoid vigorous exercise, hot tubs, pools, sauna or steam for 24-48 hours after treatment.

A non-exfoliating cleanser and light moisturizer can be used on the day of treatment. You can resume your normal skin care* the next day.

Avoid direct sun light for 24 hours following treatment. SPF 30 or higher sunscreen must be applied 10 minutes prior to sun exposure and worn everyday rain or shine.

Retinol or any form of Vitamin A, other peeling products, or bleaching products can be resumed after 3 days post treatment.

Botox, Dysport, chemical peels, and dermal fillers can be resumed 1-week post treatment.

A post-procedure skin care regimen may be suggested to maximize and prolong your treatment results and minimize complications.

If skin becomes painful or redness persists, please contact esthetician immediately using the contact information below.

I agree that I am willing to follow these instructions given by my esthetician for post-treatment home care. I will be responsible for following the home regimen that can minimize or eliminate possible negative reactions, including recognizing the importance of using sunscreen every day and avoiding the sun and tanning. I acknowledge that I have been given a copy of these instructions and have been informed of the possible negative reactions, healing time, and process. If I have any questions or if a problem occurs, I will immediately call my esthetician.

Of my own free will, I am requesting and providing my informed consent to undergo treatment(s) using the SkinSheek LIFT machine. I understand this is an elective procedure, performed solely for cosmetic purposes, and it is not critical or necessary for my health. I assume all risks as my own and hereby release Kathleen Cauthen and Skinology LLC from any liability whatsoever related to the provision of this/these services. I understand that I cannot sue or make any claim against Kathleen Cauthen and/or Skinology, LLC for any reason related to this treatment.

Client Signature

Date

Client Printed Name

Esthetician Signature

Date



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