

## MICRODERMABRASION AUTHORIZATION AND CONSENT

Microdermabrasion uses an adjustable diamond-encrusted head that abrades the skin's surface removing dead skin cells and initiates cellular turnover in a safe, controlled manner. This approach respects the integrity of the skin and maintains even cellular growth aiding in the youthfulness of the skin's appearance. Microdermabrasion is used to treat extrinsic aging effects, sun damage, hyperpigmentation, and some types of acne. Results can include improved skin texture and tone, fewer breakouts, and a healthy glow.

Prior to your first microdermabrasion, a thorough skin evaluation is performed. If microdermabrasion is not appropriate you will be informed, and an alternative treatment may be recommended instead. If your skin would benefit from microdermabrasion, maximum results are obtained by regular treatments and an appropriate home care regimen designed to help you reach your skin care goals. If you feel your current products are not producing the results you want to see, your esthetician will be happy to provide you with a recommendation of products that will deliver the results you seek.

Although it is impossible to list every potential risk and complication, the following conditions are recognized as contraindications for microdermabrasion treatment and must be disclosed prior to treatment: active infection of any type (such as Herpes Simplex virus or flat warts); active acne; sunburn; recent use of alpha hydroxy acids (AHAs); recent chemical peel; uncontrolled diabetes; eczema; dermatitis; skin cancer; vascular lesions; oral blood thinner medications; rosacea; pregnancy; use of Acutane within one year; family history of hypertrophic scarring or keloid formation; and recent tattoos.

Your esthetician will make every effort to ensure that your skin is well-hydrated and calm prior to leaving each session. However, you may experience excessive dryness, peeling between sessions, and telangiectasia or erythema may be worsened or brought out by skin exfoliation. More sensitive skin may experience some redness which should go away after 2-3 hours or skin tightness. While not common, it is possible to experience pain, bruising, swelling, infection, changes in skin color, scarring, temporary lines or streaking, and scratches. If you have a history of oral herpes simplex, a reactivation of this condition may occur over the treated area. Always check with me if you have any concerns after your treatment. You should wear sunblock everyday but especially after your treatment, and tanning beds should never be used. You are making an investment in the appearance of your face, so it is to your benefit to protect it! Use of a mild cleanser or soap substitute twice daily is recommended.

I understand and acknowledge that there are risks involved with the microdermabrasion procedure including but not limited to those identified above. I have had the opportunity to ask any questions I have concerning the procedure, risks and possible complications. I understand that any false or misleading information I have given may lead to undesired results and complications. I hereby waive any and all claims against Skinology LLC or Kathleen Cauthen should complications occur from the procedure or if I fail to follow any instructions provided to me. I assume the risk and full responsibility for any and all injuries, losses, or damages which might occur to me while I am on the premises, undergoing the procedure, or after the procedure is performed.

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Client Signature

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Printed Name

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Date

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Parent Signature (if under 18)

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Printed Name

\_\_\_\_\_  
Date

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Esthetician Signature

\_\_\_\_\_  
Printed Name

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Date