



## Home Care Instructions

After a SKIN SHEEK Treatment:

Treated areas may be irritated as well as red.

Some crusting may form on treated areas.

DON'T pick at the crusting as prematurely removing the crust may cause hyperpigmentation or scarring.

If the area is still irritated by the end of the day, apply a cold compress for 10 minutes, then moisturize.

You MUST use a moisturizer or moisturizing sunscreen EVERYDAY rain or shine.

Avoid direct sunlight immediately following the treatment.

Avoid steam rooms, saunas, vigorous exercise, and hot tubs for 24-48 hours following treatment.

Pat dry vs. rubbing to prevent premature removal of crusting.

Do NOT use form of peeling, scrubs, retinol, or bleaching products until fully healed.

After crust sloughs off, the fresh skin may be pink compared to the surrounding skin but will blend with surrounding skin with exfoliation.

A post-treatment kit is suggested and is offered for \$20.00.

	<b>CLEANSE</b>	<b>MOISTURIZE/PROTECT</b>
<b>AM</b>	<b>GREEN</b> – dime size. Apply to face, rinse, and pat dry.	<b>YELLOW</b> – dime size. Apply to face before makeup.
<b>PM</b>	<b>GREEN</b> – dime size. Apply to face, rinse, and pat dry.	<b>SILVER</b> – dime size. Apply to face and leave on overnight.

If you have any questions or concerns of any kind, please contact me at (803) 479-1582.

